

October
Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Entree -Waffles -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Toast Milk 1% Low Fat Chocolate 1%	2 Entree -Breakfast burrito -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Cinnamon Toast Milk 1% Low Fat Chocolate 1%	3 Entree -Donuts -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Muffin Milk 1% Low Fat Chocolate 1%	4 Entree -Biscuits&Gravy -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Toast Milk 1% Low Fat Chocolate 1%
7 NO SCHOOL	8 Entree -Fruit & yogurt parfait -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Toast Milk 1% Low Fat Chocolate 1%	9 Entree -Breakfast quesdilla -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Cinnamon toast Milk 1% Low Fat Chocolate 1%	10 Entree -Bacon,egg & cheese sandwich -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Toast Milk 1% Low Fat Chocolate 1%	11 Entree -Biscuits&Gravy -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Muffin Milk 1% Low Fat Chocolate 1%
14 NO SCHOOL	15 Entree -Pancakes -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Toast Milk 1% Low Fat Chocolate 1%	16 Entree -Breakfast bowl -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Cinnamon toast Milk 1% Low Fat Chocolate 1%	17 Entree -Blueberry crumb cake -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Muffin Milk 1% Low Fat Chocolate 1%	18 Entree -Biscuits&Gravy -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Toast Milk 1% Low Fat Chocolate 1%
21 NO SCHOOL	22 Entree -Sausage pancake griddle -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Toast Milk 1% Low Fat Chocolate 1%	23 Entree -Scrambled eggs -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Toast Milk 1% Low Fat Chocolate 1%	24 Entree -Sausage,egg,& cheese sandwich -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Muffin Milk 1% Low Fat Chocolate 1%	25 Entree -Biscuits&Gravy -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Toast Milk 1% Low Fat Chocolate 1%
28 NO SCHOOL	29 Entree -French toast -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Toast Milk 1% Low fat Chocolate 1%	30 Entree -Cinnamon Roll -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Cinnamon toast Milk 1% Low fat Chocolate1%	31 Entree -Halloween Donuts -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Muffin Milk 1% Low fat Chocolate 1%	1 Entree -Biscuits&Gravy -Cereal Fruit Fruit juice(4oz) Chilled fruit Grain Toast Milk 1% Low fat Chocolate 1%